## ONEIDA WELLNESS SUPPORT GROUP

Goal: To promote emotional wellness and wholeness in the self

Starting on January 16th, 2023

Open to all Tribal eligible adults (18+), no referral needed Occurring Monday-Friday from 1pm-2:30pm, excluding holidays

## Topics:

**Monday: Coping** 

Tuesday: Community, Support, Outreach

**Wednesday: Relationships** 

Thursday: Emotions

**Friday: Coping** 

Location: Oneida Behavioral Health 2640 West Point Road, Green Bay, WI 54304

Any questions or additional information please call 920-490-3790 of refer to the informational flyer



A good mind. A good heart. A strong fire.